



# **Lago Vista Viking Track and Field**



## **Viking Winter Classic**

### **Meet Schedule**

3 - 3:30 pm      Coaches Meeting

3:45 pm      3200m Run      JVG/VG JVB/VB

**All Field Events for distance, each competitor will get (3) trials.**

4 pm

#### **Discus**

Ring 1(nearest to Stadium): VG/VB

Ring 2 (Nearest to road) JVG/JVB

#### **Shot Put**

Ring 1: VB/VG (Furthest from tennis Courts)

Ring 2: JVB/JVG (Closest to Tennis Courts)

#### **Long Jump**

Runway 1: (By Scoreboard Lane 3) : VG/VB

Runway 2: (By Fieldhouse Lane 3): JVB/JVG

#### **Triple Jump**

Runway 1:(By Scoreboard Lane 7) **TJ**: VB/VG

Runway 2 (By Fieldhouse Lane 7) **TJ**: JVG/JVB

#### **High Jump**

Blue Pit (Behind Visitor Stands): VB/VG

Gold Pit (Behind Visitor Stand): JVG/JVB

#### **Pole Vault (Depending on Weather)**

Blue Pit (Behind Visitors Stands): VG/VB

Gold Pit (Behind Visitors Stands): JVB/JVG

**Inside Ship if weather is not ideal:VG/VB/JVG/JVB**

5:45pm:      **Running finals: (Rolling Schedule)**

All events are run against time in the order of JVG/JVB/VG/VB except where noted.

4x100m Relay

800m Run

100m Hurdles JVG/VG,

110m Hurdles JVB/VB

100m Dash

4x200m Relay

400m Dash

300m Hurdles 7G/8G/7B/8B

200m Dash

1600m Run

4x400m Relay

Medals may be picked-up at a designated location at the close of the meet.

