



Lago Vista High School

January 2023

2

No School

3

No School

4 Cinnamon Brk Bun
Pancake Breakfast Plate
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: BBQ Pulled Pork Sandwich

5 Banana Muffin
Pancake Sandwich
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Enchiladas, Rice &

6 Chocolate Donut
Pancake on a Stick
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Chicken
Dumpling with choice of Sauce

9 Grape Filled Crescent
Cheesy Egg Biscuit
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Chix Fried Steak, Gravy, Mashed Potatoes & Roll

10 Cinnamon Roll
Egg Bagel Sandwich
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Breakfast for Lunch

11 Apple Muffin
Biscuit Breakfast Plate
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Turkey Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Dided Chicken
Buffalo Fry Bowl & Roll

12 French Toast Sticks
Breakfast Pizza
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Meatball Subs

13 Donut Holes
Pancake on a Stick
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Turkey Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: BBQ Chicken
Mac-N-Cheese

16

No School

17 Blueberry Bagel
Cheesy Egg Brkfst Burger
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Cheese Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Loaded Baked Potato

18 Strawberry Bagel
Toast Breakfast Plate
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Asian Bowl –
Chicken /or Beef, Rice or Lo Mein,
choice of sauce

19 Trple Berry French Tst
Sausage Cheese McMuffin
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Turkey Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Fish and Mac-n-Cheese

20 Glazed Donut
Pancake on a Stick
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Chicken Parm
and Spaghetti & Toast

23 Breakfast Pizza
Cinnamon French Toast
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Chicken Drumstick & Roll

24 Blueberry Muffin
Egg Cheese Flatbread
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Turkey Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Spaghetti & Meatballs

25 Cinnamon Roll
Biscuit Breakfast Plate
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Stuffed Baked Potato & Pretzel

26 Cherry Frudel
Egg & Cheese Biscuit
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Turkey Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Breakfast for Lunch

27 Maple Glazed Donut
Pancake on a Stick
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Burger Bowl & Roll

30 Cinnamon Toast Pastry
Sausage Biscuit
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Chinese Bowl with Lo Mein or Rice

31 Grape Filled Crescent
Cheesy Egg Biscuit
Cereal & Crkrs / Yogurt & Muffin

Deli: Ham / Turkey Subs & Chip
Ham Salad & Roll
Sunbutter & Jelly Sdw

Tortilla: Nachos or Tacos

Grill: Burg / Ch Burg / Veg Burg
Chix Nugget / Chix Tenders

Pizza: Chs / Pep / Specialty

Home Zone: Country Bowl & Biscuit

Breakfast Menu
Fruit & Milk Offered Daily

Lunch Menu
Fruit, Vegetable and Milk offered daily

Breakfast Prices
Paid: \$2.00
Reduced \$.30
Adult \$2.20

Lunch Prices
Paid: \$3.30
Reduced \$.40

Breakfast Schedule:
(1) 8:10am to 8:40am
(2) 9:20am to 9:35am

Lunch Schedule:
(1) 11:45am to 12:15pm
(2) 1:15pm to 1:45pm

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Menus are subject to change without notification.