



Lago Vista Elementary School

January 2023

Our kitchen prepares and serves fresh nutritious foods daily

ALL grains are **WHOLE GRAINS**

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www.myschoolbucks.com

Menu items may be changed or substituted.

2
No School

3
No School

4 Cinnamon Breakfast Bun
Breakfast Pancake Plate
Cereal & Graham Crackers
Yogurt & Muffin

Veg Chili Chz Baked Potato
Burger/Ch Burger/Veg Burger
Turkey Salad & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

5 Sausage & Cheese Biscuit
Cinn Toast Crunch Soft Bar
Cereal & Graham Crackers
Yogurt & Muffin

Thai Chicken Tenders & Rice
Fish Sandwich
Greek Salad & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

6 Apple Frudel
Chzy Ham & Egg Panini
Cereal & Graham Crackers
Yogurt & Muffin

Pizza Friday
Chicken Nuggets & Roll
Baja Chicken Salad & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

9 Mini Maple Waffles
Cheesy Egg Biscuit
Cereal & Graham Crackers
Yogurt & Muffin

Chix Frd Steak/Gravy/Roll
Chicken Patty Sandwich Chix
Ham Chef Salad & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

10 Egg Bagel
Mini Straw & Crm Chs Bgl
Cereal & Graham Crackers
Yogurt & Muffin

Breakfast for Lunch
Burger/Ch Burger/ Veg Burg
Egg Salad Platter & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

11 Cinnamon Roll
French Toast Breakfast Plate
Cereal & Graham Crackers
Yogurt & Muffin

Corn Dog
Chicken Tenders & Roll
Brd Chix Ceasar Salad & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

12 Pancake Wrap
Cocoa Cinn Sugar Donut Holes
Cereal & Graham Crackers
Yogurt & Muffin

General Tso's Chix & Rice
Hot Dog
Chicken Nacho Salad
Ham Sandwich
Sunbutter & Jelly Sandwich

13 French Toast Sticks
Breakfast Pizza
Cereal & Graham Crackers
Yogurt & Muffin

Pizza Friday
Chicken Nuggets & Roll
Fruit/Yog/Chs Plate & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

16
No School

17 Mini Strawberry Bagel
Sausage/Chs English Muffin
Cereal & Graham Crackers
Yogurt & Muffin

Beef Nachos
Chicken Patty Sandwich
Tossed Salad with Chs & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

18 Cinn Toast Crunch Soft Bar
Biscuit Breakfast Plate
Cereal & Graham Crackers
Yogurt & Muffin

Parmesan Bick Pepper Burger
Cheese Stix & Marinara Sauce
Ranch Chicken Salad & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

19 Blueberry Bagel
Cheesy Egg Breakfast Burger
Cereal & Graham Crackers
Yogurt & Muffin

Fish Fillet & Mac-n-Cheese
Burger/Ch Burger/Veg Burger
Winter Fruit/Chs Plate & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

20 French Toast Berry
Egg/Cheese English Muffin
Cereal & Graham Crackers
Yogurt & Muffin

Pizza Friday
Chicken Nuggets & Roll
Beef Nacho Salad
Ham Sandwich
Sunbutter & Jelly Sandwich

23 Breakfast Pizza
Cinnamon French Toast
Cereal & Graham Crackers
Yogurt & Muffin

Drumstick & Roll
Burger/Ch Burger/Veg Burger
Egg Chef Salad & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

24 Egg Bagel
Mini Strawberry Bagel
Cereal & Graham Crackers
Yogurt & Muffin

Breakfast for Lunch
Burger/Ch Burger/ Veg Burger
Egg Salad Platter & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

25 French Toast Breakfast Plate
Cinnamon Roll
Cereal & Graham Crackers
Yogurt & Muffin

Corn Dog
Chicken Tenders & Roll
Brd Chix Ceasar Salad & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

26 Pancake Wrap
Cocoa Cinn Sugar Donut Holes
Cereal & Graham Crackers
Yogurt & Muffin

General Tso's Chix & Rice
Hot Dog
Chicken Nacho Salad
Ham Sandwich
Sunbutter & Jelly Sandwich

27 French Toast Sticks
Breakfast Pizza
Cereal & Graham Crackers
Yogurt & Muffin

Pizza Friday
Chicken Nuggets & Roll
Fruit/Yog/Chs Plate & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

30 Blueberry Mini Waffles
Breakfast Taco
Cereal & Graham Crackers
Yogurt & Muffin

Fish Bites & Mac-N-Chs
Chicken Sandwich
Ham Salad & Roll
Turkey Sandwich
Sunbutter & Jelly Sandwich

31 Breakfast Pizza
Cinnamon Roll
Cereal & Graham Crackers
Yogurt & Muffin

Country Bowl & Biscuit
Hot Dog
Ham/Turkey Salad & Roll
Ham Sandwich
Sunbutter & Jelly Sandwich

Breakfast Menu
Fruit & Milk Offered Daily

Lunch Menu
Fruit, Vegetable and Milk offered daily

Breakfast Menu
Fruit & Milk Offered Daily

Lunch Menu
Fruit, Vegetable and Milk offered daily

Breakfast Prices
Paid: \$1.75
Reduced \$.30

Lunch Prices
Paid: \$2.90
Reduced \$.40

Meal Service Schedule:

Breakfast 7:15am to 7:40am

Lunch: Will begin with Pre-K at 10:20am & ends with 3rd Graders at 12:45pm.



This institution is an equal opportunity provider.