



# Lago Vista Viking Track and Field

## Jr Viking Relays

### **Meet Schedule**

3:00 Scratch Meeting

3:45 pm 2400 m Run 7<sup>th</sup>G 7<sup>th</sup> B, 8<sup>th</sup> G, 8<sup>th</sup> B

**All Field Events for distance, each competitor will get (3) trials.**

3:30 pm

#### **Discus**

Ring 1: 8<sup>th</sup> Girls, 8<sup>th</sup> Boys 7<sup>th</sup> Girls, 7<sup>th</sup> Boys

#### **Shot Put**

Ring 1: 8<sup>th</sup> Boys, 8<sup>th</sup> Girls 7<sup>th</sup> Boys, 7<sup>th</sup> Girls

#### **Long Jump**

Runway 1: 8<sup>th</sup> Boys, 8<sup>th</sup> Girls 7<sup>th</sup> Girls, 7<sup>th</sup> Boys

#### **Triple Jump**

Runway 1: 8<sup>th</sup> Girls, 8<sup>th</sup> Boys 7<sup>th</sup> Boys, 7<sup>th</sup> Girls

#### **High Jump**

7<sup>th</sup>G 8<sup>th</sup>G 7<sup>th</sup>B 8<sup>th</sup>B

#### **Pole Vault**

8<sup>th</sup>B, 7<sup>th</sup> B, 7<sup>th</sup>G, 8<sup>th</sup>G

6:00 pm: **Running finals:** (Rolling Schedule)

All events are run against time in the order of 7<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup>Girls 8<sup>th</sup> Boys Girls,

4x100 m Relay

800 m Run

100 m Hurdles 7<sup>th</sup> & 8<sup>th</sup> Girls

110 m Hurdles 7<sup>th</sup> & 8<sup>th</sup> Boys

100 m Dash

4x200 m Relay

400 m Dash

300 m Hurdles 7<sup>th</sup> G, 8<sup>th</sup> G, 7<sup>th</sup> B, 8<sup>th</sup> B

200 m Dash

1600 m Run

4x400 m Relay

Medals may be picked-up at the Press Box at the close of the meet.