



## Counseling and Mental Health Resources In and Near Lago Vista, TX

### Bluebonnet Cedar Park

Behavioral Health (BH), Crisis Services, and referrals to local Mental Health Professionals  
1401 Medical Pkwy, BLDG C, Suite 300, Cedar Park, TX 78613  
CONTACT INFO: 1 (844) 309-6385

### Dell Childrens' Mental Health

Pediatric Behavioral and Mental Health  
call us at 512-324-0029 or toll-free 877-918-2039  
or email us at  
[childrensmentalhealth@ascension.org](mailto:childrensmentalhealth@ascension.org)  
4900 Mueller Blvd., Austin, TX 78723

### Baylor Scott and White Cedar Park, TX

910 E Whitestone Blvd, Cedar Park, TX 78613  
(512) 260-6100  
<https://www.bswhealth.com/about/Pages/contact-us.aspx>

### Lakeway Psychiatry and Behavioral Health, PLLC

1205 Ranch Rd 620 S, Lakeway, TX 78734  
(512) 263-5100  
<https://www.lakewaypsychiatry.com/>

### Family First Healthcare-Lago Vista

8008 Bronco Ln A, Lago Vista, TX 78645  
(512) 267-1877  
[https://www.cedarparkphysicianassociates.com/our-locations/cedar-park-physician-associates-family-first-health-2091?utm\\_campaign=gmb&utm\\_medium=organic&utm\\_source=local](https://www.cedarparkphysicianassociates.com/our-locations/cedar-park-physician-associates-family-first-health-2091?utm_campaign=gmb&utm_medium=organic&utm_source=local)

### Rock Springs Changes

1335 E Whitestone Blvd Suite Z-200, Cedar Park, TX 78613  
(737) 808-1700  
<https://rockspringshealth.com/locations/cedar-park-tx/>

### Gentle Connections Counseling

Lake Travis Business Park, 311, Ranch Rd 620 S suite 100, Lakeway, TX 78734  
(512) 249-8544  
<http://www.gentlecc.com/>

### Anew Era TMS & Psychiatry -

#### Leander/Cedar Park

2006 S Bagdad Rd Suite #180, Leander, TX 78641  
(512) 643-6099  
<https://anewerapsychiatry.com/psychiatrist-leander-cedar-park/>

### Austin Psychological and Testing Center

201 S Lakeline Blvd # 904, Cedar Park, TX 78613  
(512) 707-2782  
<https://www.austintestingandtherapy.com/contact/>

### Inspire Behavior Therapy

921 W New Hope Dr Ste 405, Cedar Park, TX 78613  
(512) 260-4124  
<http://www.inspirebehaviortherapy.com/>

## MGA Crisis Intervention

600 N Bell Blvd #118, Cedar Park, TX 78613  
(512) 308-6833

<https://www.mariongatleyassociation.com/our-locations/texas/intervention-drug-rehab-association-600-n-bell-boulevard-cedar-park-tx-78613/>

## Wellspring Behavioral Health

1001 Cypress Creek Road, Cedar Park, TX 78613  
(512) 302-1590

<https://ibwell.com/>

Cedar Park Psychiatry

103 Woods Ln, Cedar Park, TX 78613

(512) 593-5577

<http://www.cedarparkpsychiatry.com/>

## Wills Wellness Center

300 La Escalera Dr, Leander, TX 78641  
(512) 923-8634

<https://www.willswellnesscenterleander.com/>

## Beth Elliott LMFT

116 Sierra Mar Loop, Leander, TX 78641  
(512) 766-9808

## Cedar Park TMS

11901 W Parmer Ln #310 B, Cedar Park, TX 78613  
(512) 265-0429

[cedarparktms.com](http://cedarparktms.com)

## Austin Mind & Wellness

2901 Caballo Ranch Blvd SUITE 3B, Leander, TX 78641

(512) 689-0386

<https://www.austinmindandwellness.com/>

## Behavioral Innovations

1603 Medical Pkwy Suite 100, Cedar Park, TX 78613

(855) 782-7822

[behavioral-innovations.com](http://behavioral-innovations.com)

## Texas Youth Hotline and Textline

(800) 989-6884 (Toll Free)

(512) 872-5777 (Text)

This is a confidential hotline that is answered by staff and volunteers who are dedicated to helping families in

need of assistance. After assessing your problems, advocates will help you consider options, explore the facts, and develop a sensible plan of action. It's free and volunteer advocates are available to help 24 hours a day, 7 days a week. Standard text messaging rates apply.

## Austin LifeWorks Youth & Adult Counseling

(512) 735-2100

[http://www.lifeworksaustin.org/youth\\_adult.html](http://www.lifeworksaustin.org/youth_adult.html)

LifeWorks serves individuals, families, adults, or couples seeking in-office counseling, additional resources, and referrals for specialized care. Youth & Adult Counseling is offered on a sliding scale, ranging from \$25 - \$125/session. Website:

## Austin Travis County Integral Care (ATCIC) Mobile Crisis Outreach Team (MCOT)

(512) 472-HELP (4357)

<http://www.integralcare.org/content/mobile-crisis-outreach-team-mcot>

Composed of medical and mental health professionals, MCOT responds immediately on-site where a psychiatric crisis is occurring. MCOT is available 24/7 and responds to calls from the home, school, street or clinic. Note: This resource is NOT for an immediate emergency, but rather for a crisis that is not an immediate threat; the team may take a couple of hours to get to you.

## Austin Travis County Crisis Hotline

(512) 472-HELP (4357)

(844) 398-8252 (Toll Free)

The Crisis Hotline provides 24/7 access to licensed counselors. Hotline callers receive immediate assessments, crisis intervention services (if needed), and referral to additional community resources. If this is a medical emergency, please call 911.

## Austin Youth Helpline/Lifeworks 24-Hour Hotline

(512) 735-2400

Call after-hours if you are a youth in crisis, or a parent of a youth under the age of 18 in crisis. Services for families eligible for Services to At-Risk Youth (STAR) via the Texas Department of Family and Protective Services may be served free of charge